

VIDYA BHAWAN BALIKA VIDYAPEETH , LAKHISARAI

CLASS – 5

CHAPTER – 3

DATE 05-07-20

FOOD , HEALTH AND DISEASES

SUBJECT TEACHER – SONI KUMARI

### REVISION

D . Write True Or False .

- 1 . Proteins help in repairing body cells .
- 2 . Deficiency of vitamin C causes scurvy .
- 3 . Iron is found in peas and beans .
- 4 . The person suffering from night blindness is not able to see in dim light .
- 5 . Vitamin E helps the heart to work smoothly .

### HOME WORK

Do it in copy .